

# COMMANDER NAVY REGION MID-ATLANTIC (CNRMA) - TRAFFIC SAFETY TRAINING

Commander Navy Installations (CNI) has awarded a contract to BMT Designers and Planners for the implementation of the Navy's Traffic Safety and Recreational Off-Duty Safety (RODS) programs. Traffic Safety and RODS training is an important aspect of these programs. **This training is coordinated and managed by the respective CNRMA Public Safety installation's safety office.** Instructors from BMT provide training in various topics. Below is a brief synopsis of the training courses currently offered:

**Basic Rider Course (BRC) - Motorcycle Safety Course, (16 hours, 2 days).** Motorcycle Safety Foundation (MSF) approved course. Mandatory for all active duty personnel who operate motorcycles on- or off-base, on- or off-duty, on- or off-road and civilian employees operating on-base. A valid motorcycle operator's endorsed driver's license is required to sign up.

**Experienced Rider Course (ERC) – Motorcycle Safety Course (5 hours, 1 day).** Motorcycle Safety Foundation (MSF) approved course. **Successful completion of BRC is required.**

**American Automobile Association/Driver Improvement Program (AAA/DIP) (8 hours, 1 day).** Classroom instruction in traffic safety designed to establish and reinforce a positive attitude toward safe driving. This course is mandatory for (1) all, other than incidental, drivers of government motor vehicles (GMV); (2) military and DOD civilian personnel who, while driving a GMV, were involved in a crash on- or off-base; (3) personnel operating a GMV or personal motor vehicle (PMV) who have been convicted of a serious moving traffic violation (i.e., reckless driving, driving while intoxicated, speeding, following too closely, failure to yield). This course is not intended for the "Under 26 years Entry-Level Traffic Safety Training". Other options are available to satisfy this requirement. **Contact the CNRMA Assistant Traffic Safety Program Manager (ATSPM), Mike Lucas at (757) 322-2433, DSN 262, [Michael.s.lucas1@navy.mil](mailto:Michael.s.lucas1@navy.mil) for additional information.**

**All-Terrain Vehicle (ATV) Rider Course (8 hours, 1 day).** Operators of government-owned all-terrain vehicles (ATVs) shall successfully complete this course prior to operating these vehicles on any navy installation.

**\*\*Customer Requested - Training / Presentations (CR).** Training and presentations in various traffic, holiday and recreational safety topics are available upon customer request. **Contact the ATSPM, Mike Lucas at (757) 322-2433, DSN 262, [Michael.s.lucas1@navy.mil](mailto:Michael.s.lucas1@navy.mil) for additional information.**

**TO OBTAIN QUOTAS FOR COURSES IDENTIFIED IN THE BELOW CALENDAR, PLEASE CONTACT THE RESPECTIVE SAFETY OFFICE:**

**SEWELLS POINT**  
Naval Station Norfolk  
(757) 322-2928 / 17

**VIRGINIA BEACH**  
NAS Oceana / Damneck  
(757) 433-2692 / 492-7076

**LITTLE CREEK**  
Naval Amphibious Base  
(757) 462-2197 / 2199

**PENINSULA**  
Yorktown NWS / Cheatham Annex  
(757) 887-4661

**WILLOW GROVE PA**  
(215) 443-6006 / 6007

**NSA MECHANICSBURG**  
(717) 605-3369

**NSA MECH DET PHILA**  
(215) 697-1163 / 5731

**NSA Northwest (NW)**  
(757) 421-8383

## FEBRUARY 2006

Sun	Monday **	Tuesday **	Wednesday **	Thursday **	Friday **	Saturday
			<b>1</b> AAA – Sewells Point	<b>2</b> BRC – Sewells Point	<b>3</b> BRC – Sewells Point	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> AAA – Sewells Point	<b>9</b> BRC – Sewells Point	<b>10</b> BRC-Va Beach (km) BRC – Sewells Point	<b>11</b> BRC-Va Beach (km)
<b>12</b>	<b>13</b>	<b>14</b> AAA-Va Beach	<b>15</b> AAA-Willow Grove	<b>16</b> BRC – Sewells Point	<b>17</b> BRC – Sewells Point	<b>18</b>
<b>19</b>	<b>20</b> <b>HOLIDAY</b>	<b>21</b> AAA-Peninsula	<b>22</b> AAA – Sewells Point ATV – Va Beach	<b>23</b> BRC – Sewells Point AAA-NSA NW	<b>24</b> BRC – Sewells Point BRC-Va Beach (km) ERC-Va Beach	<b>25</b> BRC-Va Beach (km)
<b>26</b>	<b>27</b> BRC-Little Creek BRC-Va Beach	<b>28</b> BRC-Little Creek BRC-Va Beach				

Questions / comments / concerns regarding the Traffic Safety Training Program may be directed to the CNRMA Traffic Safety Program Manager – Terri Meagher, (757) 322-2960, DSN 262, [terri.meagher@navy.mil](mailto:terri.meagher@navy.mil)